## KINESTHETIC MOVEMENT TO ENHANCE THE SOUND

- "C" for singing space
- "Cat in the Hat" for open head voice (mainly for thin tenors)
- "Elevator" for smooth transitions up/down the registers (a la P Gram)
- "Painting the sound" for smoothing out the lyrical line
- "Doorbell" for focusing the sound
- "Spin up" for spinning and ringing the sound
- "Feel the velvet" for adding dimension and texture to the sound
- "Playing an accordion" for proper breathing
- "North of hands" for keeping the sound resonate/buoyant (a la Dale)
- "Hand in water" for adding energy and smoothness to lyrical flow
- "Cat whiskers" for adding frontal resonance
- "Finger to palm" to indicate vowel target on downbeat
- "Touching nose" for focusing sound and adding resonance
- "Pulling taffy" for relaxing sound and bringing sound out/forward
- "Fogging glasses" for adding resonance to the breath

Elements of earth/water/wind/fire for adding color to sound (a la Ase)

Sing the "length" of your hand for more singing space

Touch front teeth for a more resonant, frontal sound (a la Darlene)

Conduct circles for a more lyrical flow and air movement

Juggling for a more buoyant sound

Lasso overhead for "spin zone"

Directing arm with NO MUSCLE...ONLY SKELETON

Open hand for singing space...conduct sound through the space (a la Dale)

- "Turn over a card" for synchronization/pick ups (a la J. Henry)
- "Bending a candle flame" for supported softs (no flicker) (a la J. Henry)

## OTHERS: